



Town of Seymour

I First Street
Seymour, CT 06483

JOB DESCRIPTION

Position: Masters Swim Coach & Lifeguard	Status: Part Time/Hourly
Wage: \$20.00/hour, DOE & certifications	Schedule: 5:45am – 6:45am Mondays and Wednesdays (Fridays as needed for make-ups)
Reports to: Recreation Program Manager	

GENERAL SUMMARY

Working under the direct supervision of the Seymour Recreation Program Manager, the Masters Swim Coach/Life Guard's primary role is to provide a safe and encouraging environment for adult swimmers to grow their capabilities and technique in the water. The position requires that the Master Swim Coach develop, coordinate and supervise weekly workouts. The Master's Swim Coach will offer a variety of training to different populations of varying abilities and swimming goals. Swimmer abilities range from beginner, intermediate, tri-athletes, recreational, to competitive (masters level). The Masters Swim Coach will drive club growth and strive to retain existing members.

ESSENTIAL FUNCTIONS & RESPONSIBILITIES

- Perform all lifeguard duties as outlined in the Lifeguard Job Description
- Arrive prior to scheduled shift and follow outlined opening and closing procedures
- Have a daily/weekly workout prepared for the varied levels of swimmers
- Provide dynamic coaching and swim instruction during scheduled training sessions
- Provide technical instruction to various levels of master's swimmers
- Make adjustments to workouts, coaching style and technique for varying abilities
- Ensure all swimmers have exited the pool and locker rooms according to the pool schedule
- Submit monthly attendance sheets to the recreation program manager
- Perform work in an efficient, effective and timely manner with no day-to-day direction & minimal overall direction

OTHER FUNCTIONS & EXPECTATIONS

- Work as a team player with other members of the aquatic staff
- Maintain a professional appearance and demeanor and abide by any uniform requirements
- Recognize your role as an employee and ambassador of the community
- Greet all participants visitors politely and positively
- Restrict access to the pool and locker rooms to registered participants and members
- Attend to duties and procedures in opening/closing guidelines

QUALIFICATION GUIDELINES

The qualification guidelines herein are representative of those that must be met by an employee to successfully perform the essential functions of this job

- American Red Cross or Equivalent Lifeguarding (deep water skills)
- Basic Life Support CPR and AED training for professional rescuers
- 2 years of lifeguard or coaching experience preferred or a combination thereof
- ASCA Level 2 or equivalent certification preferred or willingness to obtain certification
- USMS level 1 or equivalent certification or willingness to obtain certifications
- Concussion Training or willingness to obtain training upon hire
- College level competitive swimming, 2+ years coaching, or equivalent experience preferred
- Enthusiastic, dynamic presence with good communication skills

PHYSICAL DEMANDS & WORKING CONDITIONS

The physical demands herein are representative of those that must be met by an employee to successfully perform the essential functions of this job

- Ability to lift a person off the bottom and out of the water (average weight 175 lbs.)
- Ability to push, pull, or lift 20 pounds (frequently), 50 pounds (occasionally), and 150+ pounds (rarely)
- Ability to stand or sit for long periods of time in pool environment
- Must have sufficient hearing to perform the duties of the job

The above specifications are intended to present a descriptive list of the range of duties performed by the above listed position. Specifications are not intended to reflect all duties performed within the job but shall represent a reasonable comprehensive list of expectations. In addition to the essential duties and responsibilities, the employee may be required to perform any other duties assigned by his or her supervisor. Reasonable accommodations may be made to enable individuals with disabilities to perform essential job functions of this job.