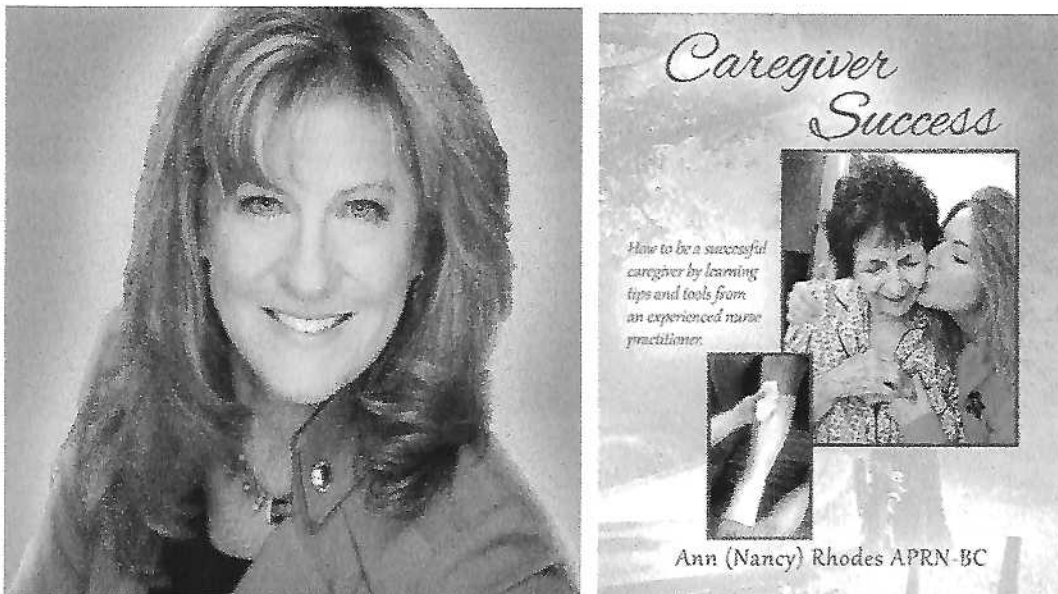


## Home Care and House Calls Nurse Practitioner Offers Options to Reduce Burden On Hospitals in New Book “Caregiver Success”

The User-friendly how-to book is filled with practical medical tips, tools and over 150 images to empower the caregiver and the aging with knowledge to reduce unnecessary hospitalizations for their patients and themselves.



**Connecticut (March 30, 2020)** – Ann (Nancy) Rhodes, APRN-BC, is a nurse practitioner who has worked in home care and house calls for over 40 years. She saw the need to organize a book that could provide practical medical tips and tools to solve common medical problems she regularly encountered in the home that could prevent unnecessary hospitalizations and suffering.

In the self-published book “Caregiver Success”, available on Amazon.com and at [www.caregiversuccess.com](http://www.caregiversuccess.com), released on February 20, 2020, Rhodes offers information to empower you or your loved one so you can stay out of the hospital possibly helping to reduce medical crises, and have a better quality of life.

“Caregiver Success” is filled with more than 150 images and stories to show you many facets of care for the aging/disabled, preventive measures the caregiver can follow. Some of the subjects explained in the book are:

- how to use a Hoyer Lift
- preventing skin tears
- how to treat constipation
- how get organized when Mom moves in
- finding your purpose when you become older
- taking care of the caregiver

“This book is geared for the home health aide, nursing student, the caregiver, you or your family member who is disabled, has multiple medical conditions or is homebound” says Rhodes. “It covers the human side of aging by allowing the caregiving experience to be more fulfilling for the caregiver and the person. It also covers all common medical problems an older person will or could experience in their later years.”

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**YouTube Channel:** Caregiver Success and Instagram  
[Twitter.com/caregiversucces](https://twitter.com/caregiversucces) (omit second “s” on Success)