Seymour Rec Travel Basketball
Player and Parent Contract

Player & Parent Agreement

Team Rules & Guiding Principles

1. We are a team and a family. We win, lose, learn, and grow together.
2. We support our teammates. We encourage one another and celebrate each other's successes.
3. We strive to improve. We grow as players, teammates, and individuals on and off the court.
4. We give our best effort. We work hard and stay focused at every practice and game.
5. We play as a team. Team success comes before individual accomplishments.
6. We honor our commitment. Players are expected to attend practices and games and communicate absences in advance.
7. We show respect. Players and parents must respect coaches, teammates, opponents, and officials.
8. We follow the 24-hour rule. Noncurrent concerns about playing time or coaching decisions should be discussed with the coach after 24 hours. Urgent safety concerns should be raised immediately.
9. Playing time is not guaranteed nor equal. Attendance, effort, coachability, sportsmanship, behavior, and team needs may affect playing time.

Top Ten Rules for Being a Great Teammate

1. Accept any role that helps the team.
2. Put winning together ahead of individual scoring.
3. Celebrate your teammates' successes.
4. Give your best effort.
5. Respect opponents and compete with confidence.
6. Listen, be coachable, and respect coaches and officials.
7. Encourage teammates through challenges.
8. Help less experienced teammates improve.
9. Learn from mistakes.
10. Be confident, humble, and resilient.

Player & Parent Acknowledgment

We have read and agree to follow these team rules and expectations.

Player Name: _____

Player Signature: _____ **Date:** _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ **Date:** _____